



The Current Affairs Quiz

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Wednesday, 22 July 2026

1. Which state launched the State Action Plan for Prevention and Control of Snakebite Envenoming (SAPSE) in July 2026?
(A) Tamil Nadu (B) Kerala (C) Karnataka (D) Odisha (E) Goa
2. The 37th International Biology Olympiad (IBO) 2026 was held in which country?
(A) Poland (B) Estonia (C) Lithuania (D) Latvia (E) Finland
3. PARIVARTAN scheme, a vehicle scrappage and replacement programme for commercial vehicles, was approved by which government in July 2026?
(A) Haryana Government (B) Delhi Government (C) Rajasthan Government (D) Punjab Government (E) Uttar Pradesh Government
4. Who became the first football player to appear in three FIFA World Cup final matches?
(A) Cristiano Ronaldo (B) Neymar Jr. (C) Kylian Mbappé (D) Lionel Messi (E) Luka Modrić
5. India became the how many-th WTO member to deposit the Instrument of Acceptance for the Agreement on Fisheries Subsidies?
(A) 120th (B) 121st
6. Who became the first Indian men's cricketer to score an ODI century at Lord's Cricket Ground?
(A) Virat Kohli (B) Rohit Sharma (C) Shubman Gill (D) KL Rahul (E) Sachin Tendulkar
7. Who will receive the Pardo alla Carriera award at the 79th Locarno Film Festival 2026?
(A) James Gray (B) Steven Spielberg (C) Christopher Nolan (D) Martin Scorsese (E) Denis Villeneuve
8. Which Indian badminton player became the first Indian to win a BWF Super 750 title?
(A) PV Sindhu (B) Saina Nehwal (C) Malvika Bansod (D) Jwala Gutta (E) Ashwini Ponnappa
9. Who became the Prime Minister of the United Kingdom in July 2026?
(A) Rishi Sunak (B) Keir Starmer (C) Andy Burnham (D) David Lammy (E) Boris Johnson
10. Which team finished as the runner-up in the FIFA World Cup 2026?
(A) Argentina (B) Brazil (C) Croatia (D) France (E) Portugal

1-{B} - 2-{C} - 3-{B} - 4-{D} - 5-{D} - 6-{B} - 7-{A} - 8-{C} - 9-{C} - 10-{A}



Bhupesh Kumar, Chief Mentor, Career Planner Alliance Club is felicitated for his outstanding contribution in the field of education by His Excellency **Rajendra Vishwanath Arlekar**, Governor of Bihar.



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1. किस राज्य ने जुलाई 2026 में 'सांप के काटने से होने वाले ज़हर के असर की रोकथाम और नियंत्रण के लिए राज्य कार्य योजना' (SAPSE) शुरू की?
(A) तमिलनाडु (B) केरल
(C) कर्नाटक (D) ओडिशा
(E) गोवा
2. 37वीं इंटरनेशनल बायोलॉजी ओलंपियाड (IBO) 2026 किस देश में आयोजित की गई थी?
(A) पोलैंड (B) एस्टोनिया
(C) लिथुआनिया (D) लातविया
(E) फ़िनलैंड
3. जुलाई 2026 में किस सरकार ने कमर्शियल वाहनों के लिए 'परिवर्तन' (PARIVARTAN) स्कीम - जो वाहनों को स्कैप करने और बदलने का प्रोग्राम है - को मंजूरी दी?
(A) हरियाणा सरकार (B) दिल्ली सरकार
(C) राजस्थान सरकार (D) पंजाब सरकार
(E) उत्तर प्रदेश सरकार
4. तीन FIFA वर्ल्ड कप फ़ाइनल मैचों में खेलने वाले पहले फ़ुटबॉल खिलाड़ी कौन बने?
(A) क्रिस्टियानो रोनाल्डो (B) नेमार जूनियर
(C) किलियन एम्बाप्पे (D) लियोनेल मेसी
(E) लुका मोड्रिच
5. भारत मत्स्य पालन सब्सिडी समझौते के लिए स्वीकृति पत्र जमा करने वाला विश्व व्यापार संगठन (डब्ल्यूटीओ) का कौन-सा सदस्य बना?
(A) 120वां (B) 121वां
(C) 122वां (D) 123वां
(E) 124वां
6. लॉर्ड्स क्रिकेट ग्राउंड पर वनडे शतक लगाने वाले पहले भारतीय पुरुष क्रिकेटर कौन बने?
(A) विराट कोहली (B) रोहित शर्मा
(C) शुभमन गिल (D) केएल राहुल
(E) सचिन तेंदुलकर
7. 79वें लोकार्न फिल्म फेस्टिवल 2026 में 'पार्डो अला कैरियरा' (Pardo alla Carriera) अवॉर्ड किसे मिलेगा?
(A) जेम्स ग्रे (B) स्टीवन स्पीलबर्ग
(C) क्रिस्टोफर नोलन (D) मार्टिन स्कॉर्सेसे
(E) डेनिस विलेन्यूवे
8. कौन सा भारतीय बैडमिंटन खिलाड़ी BWF सुपर 750 खिताब जीतने वाला पहला भारतीय बना?
(A) पी.वी. सिंधु (B) साइना नेहवाल
(C) मालविका बंसोड़ (D) ज्वाला गुट्टा
(E) अश्विनी पोन्प्पा
9. जुलाई 2026 में यूनाइटेड किंगडम के प्रधानमंत्री कौन बने?
(A) ऋषि सुनक (B) कीर स्टारमर
(C) एंडी बर्नेहम (D) डेविड लैमी
(E) बोरिस जॉनसन
10. स्पेन ने फ़ीफा वर्ल्ड कप 2026 के फ़ाइनल में किस देश को हराया?
(A) अर्जेंटीना (B) ब्राज़ील
(C) क्रोएशिया (D) फ्रांस
(E) पुर्तगाल

1-{B} - 2-{C} - 3-{B} - 4-{D} - 5-{D} - 6-{B} - 7-{A} - 8-{C} - 9-{C} - 10-{A}

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Test Calendar 2026

January 9 Fri 31 Sat	February 20 Friday	March 13 Friday	April 4 Sat 24 Fri
May 14 Thursday	June 5 Fri 25 Thu	July 17 Friday	August 7 Fri 27 Thu
September 18 Friday	October 10 Sat 30 Fri	November 27 Friday	December 16 Wed 31 Thu

Exam Pattern

Subject	Total No of Questions	Max Marks	Sectional Time
Reasoning	25	25	20
Maths	25	25	25
English	25	25	20
GK	25	25	15

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The General Studies Quiz

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BIOLOGY

- Which blood group is known as universal donor?
(A) AB+
(B) A+
(C) O-
(D) B-
- Which disease is caused by deficiency of Vitamin C?
(A) Rickets
(B) Scurvy
(C) Beriberi
(D) Night blindness
- The largest gland in the human body is:
(A) Pancreas
(B) Pituitary
(C) Thyroid
(D) Liver
- Which part of the plant transports water?
(A) Phloem
(B) Xylem
(C) Cambium
(D) Epidermis
- The study of heredity is called:
(A) Ecology
(B) Genetics
(C) Anatomy
(D) Physiology
- Which microorganism is used in bread making?
(A) Yeast
(B) Virus
(C) Bacteria
(D) Protozoa
- Which is the largest bone in the human body?
(A) Tibia
(B) Femur
(C) Humerus
(D) Radius
- Which organ produces bile?
(A) Kidney
(B) Liver
(C) Pancreas
(D) Stomach
- Which cell organelle controls all activities of the cell?
(A) Nucleus
(B) Ribosome
(C) Vacuole
(D) Lysosome
- Which antibody is found in maximum amount in human blood?
(A) IgA
(B) IgG
(C) IgM
(D) IgE

1-{C}-2-{B}-3-{D}-4-{B}-5-{B}-6-{A}-7-{B}-8-{B}-9-{A}-10-{B}

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Foreign Sources of the Indian Constitution

- In the making of the Indian Constitution, ideas were borrowed from the constitutions of several countries:

United States of America (USA)

- Preamble
- Fundamental Rights
- Supremacy of the Constitution
- Judicial Review
- Federal system
- Impeachment of the President
- Procedure for removal of judges of the Supreme Court and High Courts

United Kingdom (Britain)

- Parliamentary system of government
- Single citizenship
- Rule of Law
- Parliamentary privileges
- Cabinet system
- Office of the Leader of Opposition

Ireland

- Directive Principles of State Policy
- Method of election of the President
- Nomination of members to the Rajya Sabha

Australia

- Language of the Preamble
- Concurrent List
- Centre-State relations
- Freedom of trade, commerce and intercourse

Germany (Weimar Constitution)

- Suspension of Fundamental Rights during Emergency

Canada

- Federal system
- Residuary powers with the Centre
- Appointment of the Governor
- Advisory jurisdiction of the Supreme Court

South Africa

- Procedure for amendment of the Constitution
- Election of members of the Rajya Sabha

Russia (Former USSR)

- Fundamental Duties

Japan

- Procedure established by law

France

- Republican form of government
- Ideals of Liberty, Equality and Fraternity

Important Note:

- The greatest influence on the Indian Constitution is from the **Government of India Act, 1935**. Nearly **250 Articles** of the Indian Constitution are based on it.

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- Who became the Prime Minister of the United Kingdom in July 2026? **Andy Burnham**
- Which team finished as the runner-up in the FIFA World Cup 2026? **Argentina**



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